

THE RED BRICKS

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St. Paul's Co-educational College

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Retirement and Appointment of Council Member

The Revd Canon Ian Lam, member of the College Council, retired on 31 December 2018 after ten years of service. The Council wishes to express its deepest gratitude for his invaluable contribution and staunch support to the School over the years.

The Revd Canon Dr Pang Pui Kong Thomas succeeded The Revd Canon Ian Lam as Council Member effective 1 January 2019.

Message from the Principal



The academic year was off to a flying start for St. Paulians – kudos to our promising music-makers, sport boys and girls, maths and science whizz, linguists and all our bright young minds at 33 MacDonnell Road who had shone in their respective areas of interest.

In October, our Treble Choir hit the global stage at the 14th Busan Choral Festival & Competition. They swept multiple top prizes and was crowned winner of the Grand Prix after fierce competition with semi-professional choirs from regions renowned for their choral tradition. Our PMG students, on invitation by the Hong Kong Economic and Trade Office in Chengdu, performed at the Chengdu Shuangliu International Airport and also on national TV with a potential viewership of 20 million. Our sport boys sealed a remarkable feat in the Inter-school Cross Country Competition by racing their way up to Division Two after 13 years of sweat and toil. We were also gratified to see how our maths and science whizz handled knowledge – whether in academic competitions or international conferences, as they aimed

at making grand theories accessible to peers, or aspired to apply the knowledge they had gained to change the world for the better. Our linguists continued to thrive in various local and international competitions. In the coming months, some would be setting off for Hangzhou, Vancouver, or Oxford to represent Hong Kong in national or international speaking or debating competitions.

As educators, it gives us great satisfaction seeing our students thrive in their interests and taking up challenges in their academic pursuits. We are pleased to report that the Class of 2019 has, as of January, received 12 offers from Oxford and Cambridge, which is a record high – in addition to the admirable offers from LSE and SOAS in the UK, and Ivy League universities including Brown and Cornell in the US.

In a recent trip on academic and cultural exchange to Shanghai for the heads of secondary and primary schools founded by Sheng Kung Hui, we are reminded that the offering of education by the Church dates back to the 19th century. On the mission of nurturing all-rounded intellectuals for the world at large, SPCC is blessed that the way we have treaded over the century has aligned with the vision and mission of our founders. We shall not rest on our laurels but continue to scale new heights in our education mission.

Mr Poon Siu Chi
Principal, St. Paul's Co-educational College

校長的話



2018 年度上學期轉眼又過去了，回顧這半年的各項工作與活動，均以我們本學年的發展重點「引發正能量，做個快樂孩子；優化學教評，提升學習效能」進行。本年度，我們參加社會福利署與瑪麗醫院合辦的「家校同行・快樂孩子約章」計劃，重點活動是小四親子園藝工作坊及小三的「樂在舞動中」。透過親子種植和健

康舞蹈，讓家長和學生引發正面的情緒，展現樂觀和健康的聖保羅素質。

此外，各項家長講座及工作坊均積極進行，當中包括教育界的同儕及本校社工在家長座談會的分享及於 9 至 12 月舉行的親子教育課程等，希望家長們皆有所得著，充份發揮家長素質，與學校共同培育幸福快樂的孩子。

由 10 月起，MASTER 綜合課程於各級順利展開，老師們以學習促進者的角色，用心設計能讓同學們啟發創意思維

的各類學習活動；而學生亦能應用多元的自主學習策略，盡情展現創造潛能。在 1 月 30 日至 2 月 1 日舉行的專題探究研習日，同學們亦能汲取到更多的知識，得到更多的靈感，可以豐富下學期的發明創作中。

要優化學與教，提升專業素養，擴闊老師的視野是必然的。本年度除了舉辦全校性的教師專業發展日外，更於 12 月 7 日舉行以科組為本的教師專業發展日，由各科老師主導並按科組發展需要，安排對焦的專業發展活動，例如院校觀摩交流、專家培訓工作坊等，而資訊科技組的同工更獲教育局邀請為全港小學教師舉行校本電子學習管理系統的分享講座，以達到教學相長的目標。

但願使人有盼望的神，因信將諸般的喜樂、平安充滿你們的心，使你們藉著聖靈的能力大有盼望。

(羅馬書 15:13)

希望我們一眾聖保羅大家庭的成員都懷著喜樂的心，細閱本期 RED BRICKS 的各項報導，同享豐碩的成果。

梁麗美
聖保羅男女中學附屬小學校長

Walkathon

The annual fundraising Walkathon was held on 4 November at the Peak, raising a total of HK\$3.2 million with around 3,500 participants signing up for the walk.



Results of the Walkathon Interclass Competition:

Highest Participation Rate	SPCC	SPCCPS
Winner	F6F, F6G	P1A, P1C, P2D
First runner-up	F4E	P1A, P1E, P2B, P2E, P3E
Second runner-up	F3G	P2A



F6F, F6G



P1A, P1C, P2D

Highest Average Donation	SPCC	SPCCPS
Winner	F4H	P2E
First runner-up	F3G	P1A
Second runner-up	F1A	P5A



F4H



P2E

Alumni Homecoming Day

The annual Alumni Homecoming Day on 8 December gathered around 400 alumni from Classes of 1979, 1984, 1989, 1994, 1999, 2003, 2004, 2009 and 2014. The next Homecoming Day is scheduled for 7 December 2019. Classes whose graduating years ending in "5" or "0" and also those classes ending in "4" or "9" who missed the 2018 event are welcome. We also welcome overseas alumni who are in Hong Kong on that day to join in the fun. Please contact your Class Representatives or Community Relations Office at (852) 2523 0087 or email to spcc-tc@spcc.edu.hk for registration and information.



Table Tennis Tournament for Alumni

The Table Tennis Tournament organised by the College for alumni was held in January with 10 teams competing in the Men and Women divisions. The Badminton Tournament will be held on 8 June.



EXPERIENTIAL LEARNING

Adventure-based Learning Programme

Oceans, hills, vast skies... as I spread my arms I could feel the gentle breeze cooling my face, hear the leaves rustling in my ears, and lick up the taste of sweet success.

"Joey, you can do it!" A pair of bare hands was all I had for climbing up a totally straight cliff. I carefully placed my feet onto those scanty rock surfaces and tried my best to move up. Fear was swallowing me second by second, as I picked up my courage again, making me feel like I was going to fall or slip down any moment.

Halfway up, I was stuck because my foot couldn't reach any rock. Once I stopped, my legs, my arms, my whole body started trembling. Wobbliness plus my exhausted limbs stymied me from moving forward, I felt a lash of strength pulling me down. I seemed to hear my teammates shouting encouraging words to me, then the words from our coach flashed overhead, "If you fall, thirteen people are behind you."

I felt something warm, something burning inside, motivating me to keep going. Using my knees to support myself, I tried hard to hold up my body which was almost hanging in the air, regardless of the pain I felt. Fighting against my fear and timidity, I finally reached the top of the cliff. I laid on the ground, took a deep breathe, and smiled, proudly announcing, "I have succeeded!" Nothing could be more satisfying.

If the taste of sweat and hardwork is bitter, the taste of accomplishment must be sweeter than ever.

1E Chan Chung Yu

The most special experience was canyoning – "SPLAT!" One of our groupmates had accidentally fallen into the stream due to over-confidence.

This challenge required us to be courageous, but at the same time, taught us to know our own limits. Coasteering was my favourite, it allowed me to enjoy the nature in Hong Kong as well as conquer my fear, physically and psychologically. Hiking had given me the time to meet new groupmates. In just a week, I had changed my thoughts on my groupmates and classmates. I could feel that SPCC was a warm family, to which I had a strong sense of belonging.

1F Lam Chung Ho

We learnt how to survive in nature and got to try out different new activities such as canyoning and coasteering. I liked kayaking the most because it challenged one's ability to balance and to cooperate, and I had a great time kayaking smoothly with my partner, Lai Hiu Yeung. SAW had given us a good chance to meet more schoolmates and to appreciate nature.

1A Tsui Chun Yin



南京文化之旅

2018 南京古行，縷縷情牽，拾掇點滴，如夢繚繞。似緣起六朝繁華，猶未止江南盛景。五天四夜的足跡悠悠，烙印金陵名勝古跡，亦銘刻於莘莘學子之心。

次日遊秦淮夫子廟，皎月生輝映燈明，夜乘雅坊忽得興：

煙籠明玉碧漪淨，伴燈影，槳聲輕。

憶昔佳麗匯金陵，月下悵懷縈。

同窗偶語喜勝景，閑坐暢談把情傾，笑吟熏夢醒。

明孝陵瓊樓玉宇縱橫林中，前朝後寢皆被婆娑楓樹掩映，令人讚嘆古人工藝之爐火純青。伴著導遊朗朗講談，精彫玉琢的裝飾遂更顯莊重肅穆，凜冽刺骨的寒風也滲透著縷縷暖意。



她歷經風雨滄桑，既經歷了中國最為鼎盛的黃金時代，也見證了中國近代的榮辱興衰；她屹立在長江之畔，有著瑰麗的風物，也有著秀美的山水；她深受文人墨客喜愛，為她而寫的詩作數不勝數。這一次，我們懷著朝聖的心情前來拜訪她。

踏在明孝陵古樸的石階上，欣賞著它的黃瓦紅牆，明清皇宮式的建築，感受著它濃厚的歷史氣息。乘著船遊秦淮河時，望著迷離的燈光映在河上，聽著傳來的一聲聲槳聲將這幾千年來的故事娓娓道來，不免讓人感慨六朝如夢，往事如煙。走在總統府內，看著那塊寫著天下為公的匾額，令人體會到這股民國遺韻。漫步在南京街頭，了解當地人的生活，令人體會到最純樸的風土人情。這座城市，處處滲透著她的文化底蘊，每一寸土地都寫滿了歷史。

她被讚譽為「江南佳麗地，金陵帝王州」，她的美，無庸置疑。沒錯，她的名字就是南京。

二庚 周家瑜

這次南京學習之旅，令我們仿佛浸染在歷史的汪洋中，回到歷代詩人吟詩作對，載歌載舞的古時候。

在這短短的五天中，我們在槳聲燈影中的秦淮河，細味著朱自清細膩的文筆；在古色古香的明孝陵中，一步一步走在古樸的石階上，感受著四周莊嚴肅穆的氣息；在科舉博物館和江南公園中，化身為古代才子赴考科舉。烟雨朦朧的六朝古都，散發著濃厚的幽古之情。

寥寥數日行程，藉南大教授的精誠教業，得以錦上添花，激昂充斥歷史之興衰無常，瀟灑傳授金陵古人的風流民俗。隨行學長每每溫馨提點添衣，諄諄厚誼實溫暖人心。由衷感念師生摯友之嘘寒問暖，深刻雋語永綴美好歲月；陌路相逢，豈非良緣？

抑淚匆匆辭金陵，離愁情深有誰明？懷古熱衷猶未醒，冥冥緣牽自共鳴。

二乙 蔣沛芸

歷史使我們懷緬，亦令我們感悟。正值南京大屠殺八十周年，南京大學的教授為我們深入介紹了此悲劇的經過。在太平天國博物館裏，使我們重溫一段動蕩亂世。這些令人動容的歷史均是中國長期積弱，君主昏庸，官吏腐敗而產生的局面。我們不禁感慨在我國淵遠流長的歷史中有太平盛世，亦有兵連禍結之時。

南京懷古之行把我們推進時間的巨輪裏，它的結束卻把我們拉回現實。這段經歷將永烙我心中。

二戊 陳璟安

總統府展示了明朝、太平天國，以至中華民國數百年內的建國事跡；明孝陵裏的一磚一瓦、一草一木，把明朝的文化歷史訴說出來；南京博物院的民國館展現了民初時期的建築特色，古色古香的傳統樓宇，配上煤氣燈和西式的樓梯，竟絲毫沒有違和感。

最令我印象深刻的是秦淮河。秦淮河是金陵人的母親河，對南京的文化影響深遠。我還記得當時坐在舟上，朱自清的《槳聲燈影裏的秦淮河》仿佛躍在紙上，仰望著皎潔的明月，凝視著河畔的燈彩，欣賞著翠綠的碧波，真是人生一大樂事！此情此景，叫人難以忘記。

時光荏苒，白駒過隙，五天裏的所思所想，將會深深地烙印腦海之中，永不磨滅。

二丙 黃柏軒



Place-based Learning Programme

Once a flourishing fishing village, Tai O has now been transformed into a heritage centre and remained one of my favourite cultural spots in Hong Kong. During the SAW, I got to experience first-hand their simple and interesting traditions – knitting fishing nets was one of the most enjoyable. I learnt about the many ways of knitting and, from the old fisherman, stories in the heyday of the village when the fishing industry was still profitable.

The trip to Yim Tin Tsai was also fun, from which I learnt how the Chan family developed salt panning there. The Chan family, however, soon closed their salt farm in the 1920s as salt panning became less economically sustainable due to rising taxes. I truly understand that sustainability is not easy to achieve as it demands a perfect balance between different factors.

“We are going to hike for an entire hour only to see some dilapidated houses.” This was my first impression of the excursion to Kuk Po. Upon arrival, a profound sense of abandonment struck me. What the instructor said about the migration of rural workers to urban areas was fully demonstrated in the ruins of Kuk Po. The once flourishing fishing and farming village was now entirely empty, what remained were only the compelling stories of the villagers. This left me awestruck, and I eventually took home a lot of concepts about preservation, traditions, culture, collective memories and how these relate to sustainability.

The sustainability of many places in Hong Kong is declining. Even in a popular spot like Tai O, after the construction of the HK-Zhuhai-Macau bridge, the place is subject to change. Sooner or later, these one-of-a-kind traditions, these dilapidated villages, and even the cohesion among these fishermen are prone to disappearing. The SAW was not just another excursion, it was a wake-up call for us to rethink about sustainability of Hong Kong.

3E Lee Shun Yat



Without skyscrapers, without pollution from traffic, sound, or even lights, we went on an expedition to some remote areas in Hong Kong, like Tai O and Yim Tin Tsai. I've learnt a lot about their lifestyles and the reason behind the development gaps in different places.

We had to document the information we had collected on site for our group projects like poster making, game design, etc. I learnt to collect suitable data not only through observation, but also using critical thinking and organisation skills. We also had to film a short commercial for promoting Yim Tin Tsai. My video-taking skills were enhanced as I learnt more about filming a documentary well.

After the three-day expedition, we came back to school for preparations and presentation, and we were eventually awarded for “the most creative presentation”. We were also grateful for the help from our exchange students in our video task.

3C Wong Siu Cheung



Service Learning Programme

Coastal Environment

The amount of garbage entering the ocean has been increasing, with eight million metric tonnes of mere plastics being dumped into the ocean annually. The Great Pacific Garbage Patch is illustrative of this alarming issue, with piles of marine debris shot out by the gyre accumulating in the centre of ocean currents or on beaches along the coastlines.

However, hearing is different from seeing with your own eyes. During the SAW, we went to four beaches, namely, Shek O, Shui Hau Wan, Tap Mun, and Sharp Island, to help clean up the coast. Although we knew the areas were seriously polluted, we were still astonished by the huge amount of garbage along the beaches, especially on the rocks along the coast in Tap Mun. They were totally covered with polystyrene foam and plastic bottles, and it took us a whole afternoon to just clear out a small section. As for sandy beaches, plastic debris, or microplastics, were all mixed up with sand that could hardly be separated from natural materials such as leaves and conches.

Plastics are indecomposable, they are only broken down into microplastics, which tend to absorb toxic chemicals, and the animals are confusing them with food. From time to time, we read stories about seagulls' bellies being filled with indigestible microplastics leading to their death. What is more, large pieces of plastic can entangle or even suffocate marine animals.

We should pay attention to our daily habits, no matter how small they are. We have a part to play in this – taking plastic bags from the supermarket, or grabbing straws for our drinks. Think about it, thousands of customers patronise the supermarket everyday, and the situation is repeated a million times all around the globe. How much waste will that produce?

Many people don't treat over-consumption as a problem because it's "not in their backyard". Although cleaning the beaches for a day or two might not do much in alleviating marine pollution, it was indeed a perfect opportunity for us to open our eyes to the issue and confront it. Fish that have eaten toxic chemicals will finally be eaten by humans. We will have to bear the consequences ourselves eventually. It is time we take action to reduce the use of plastics and avoid all the negative impacts it could bring.

4A He Yixuan & Kong Suet Ying

Circus Tram

We collaborated with Circus Tram, a cultural startup company which turns the tram into a cultural asset and a platform for local creative talent. The two of us were in full charge of hosting a three-hour charity tram ride around Hong Kong Island for a group of Form Five South Asians students.

We organised interactive games on board such as Da Siu Yan (villain hitting) and Chinese herbal tea tasting. They were extremely proactive, making us feel more at ease when pointing at the infrastructure along the way and explaining their architectural and historical significances. At first we expected them to have limited knowledge about the city, but it turned out that they have their roots in Hong Kong and could speak fluent Cantonese and English. They could retell a lot of cultural and historical facts of Hong Kong effortlessly, while we only learn it online during our preparation. A sense of guilt engulfed us and it made us reflect on our roles as a local.

We would not use the term "ethnic minority" to describe the Pakistani students, as this label serves only as a class distinction. Although the programme was meant to be a part of community service, we treated it as a platform for cultural exchange as not only had we learnt to appreciate and treasure Hong Kong's "east-meets-west" culture and history, but we also got to know people of diverse backgrounds.

4G Yam Wing Yin Rachael & 4H Wong Yi Wing Erin



Attachment Programme / CAS Week

Volunteer in Thailand

Dancing lights
 deep in the embrace of river gods;
 burning bright,
 rejoicing in the dreams of hopeful souls;
 flickering eternally,
 branded into our minds.
 The green light at the harbour winks in kind.
 "Krathong." It whispers,
 softly behind.

As my kathong makes its way through the pitch black water to join its peers, my mind floods with a plethora of emotions: joy at the never before seen festivities, a sense of belonging amongst friends, an early bit of sadness at our departure in two days' time... But most prevalent of all – a sense of shame. Shame, yes, shame, at having so badly misunderstood the purpose of our trip and underestimating what I would have gained from the experience.

After hearing about the history of Phang Nga – one of the hardest hit cities in the 2004 tsunami with almost half the population decimated; home to the largest population of Burmese aborigines in Thailand, who were systematically unrecognised by the government – it'd been easy to give in to the "poverty porn": my expectation had been that we'd arrive, hand out much-needed rations to destitute people, lament the state of the ruins and return to Hong Kong, having learnt a sobering lesson about the might of nature and the powerlessness of mankind in the face of such a cruel, indifferent universe. To my utmost shame, I'd written a story of donation and salvation and cast us in the role of the protagonist.

Yet the joy and generosity of the local villagers never failed to astound me throughout our trip. At each school we went to, we were plied with little chocolate stick candies and bottles of soda by the school children, who we learnt had bought them from the tiny ramshackle tuck shop hidden behind the school block. During our breaks, while the coats of paint were drying on the wall, we got caught up in an impromptu game of tag and the unadulterated joy was like nothing we'd experience in a long, long time. While touring Khao Lak, we ran into the local ice-cream vendor and after a lengthy struggle, our mentor Vanessa graciously accepted a cup of the creamy treat from the grinning girl.

What we'd gained from the trip was far more than a tan and a dozen mosquito bites. At the sea turtle conservation centre, we'd come face-to-face with the effects of pollution when we were shown a bleach-white turtle skeleton with its beak still entangled in a plastic six-pack ring. After that, it'd seem like fitting penance for our past sins when we dragged more than 50 kilos of trash from the local beach. Yet the efforts of the locals were much more crucial to the rebuilding of their community than what we could have done in the measly few days we were there. Another of our instructors, Gay, was actually a local who'd come into contact with GVI when taking a free language lesson they organised and fallen in love with their mission.

During our village tour, there was construction scaffolding at each corner we turned. Our guide told us that some of the upturned hulls of ships that had been washed up during the tsunami were being turned into a museum commemorating the event in the hopes of attracting more visitors to boost their tourism industry. We watched the bamboo poles rise up over the stern of the ship, like, I thought, the metaphorical phoenix out of the ashes.

Corny as it may sound, the memories of the baby sea turtles falling asleep in our hands as we washed them, and the arrestingly vivid sunsets, so different from those in Hong Kong that are so often choked with smog, have wriggled into a crevice of my heart where I suspect they'll remain for quite some time. The story of Phang Nga, it turns out, is one of the resilience of humanity and the magnitude of compassion.

5G Liu Sum Yi
 Poem by 5H Lam Chin Yau

Bank of East Asia

Ten of us went to the BEA Tower located in Kwun Tong for some first-hand experience working in a bank for a week. All of us had high expectations and in the end, the programme had indeed exceeded our expectations.

We attended lectures and sharings from staff of different departments in BEA, including financial planning, insurance business, credit card business, cyberbanking and CTMD, to name a few. Some of the lectures were particularly useful for our future development, for example, the one on high-impact presentation as the lecturer shared with us her six powerful skills in delivering a "high-impact presentation".

The most memorable experience was surely conducting a survey about products and services of banks besides BEA by visiting different banks close to the BEA Tower. This was an eye-opening experience as we rarely go into a bank to ask questions related to its products and services. I used to think that the operation of a bank was rather mysterious, but after the SAW, I gained a lot of knowledge about the banks and the banking system in Hong Kong.

5D Chau Cheuk Fung, Kelvin



Round Square International Conference

Imagine that you've just been told that you will be transferred to a boarding school in a foreign country. You will be away from your family, away from your friends, away from your home, and you will be the only person there from Hong Kong. Perhaps this sounds impossible, impossibly daunting, impossibly frightening, and that is a normal reaction. We, arguably, are intimidated by change, by the difference it brings.

This fear, however, was precisely what the conference targeted at altering. In a globalising world where people come in increasing contact with one another, where cultures blend and mix like tea and milk, we, like it or not, must manage to navigate well through differences. The theme: "Bring Your Difference", challenged us to face new people, cultures and ideas, with an attitude of understanding, while retaining our strong identity and respect to the differences we brought to the table.

Different keynote speeches and group activities threw us into the deep end of our world's ocean of issues. We were introduced, every day, to new and pressing social issues such as ethnic degeneration, gender discrimination etc. Besides understanding them, we discussed with people from around the world to find out where they stood on these issues, while bringing our unique views and experiences.

At the end of the week, we were all enriched with new insights on how to face our world's complex problems, entranced by the plethora of global cultural colours we experienced, and empowered by the curiosity and welcome that embraced our difference.

I had long been aware of the Round Square's global reach, but I hadn't anticipated the sheer magnitude of this five-day International Conference held in Montreal. Students from more than 50 countries were engaged, creating a colourful "ethnosphere" for cultural sharing and insightful discussion on pressing global issues such as gender equality.

The keynote speakers inspired and encouraged us to embrace and share our own uniqueness. One of the most impactful speeches was delivered by Dr Amal Elsana Alh'Jooj, former Nobel Peace Prize nominee, who implored us to be "part of the solution" and "part of the social change instead of the victim".

The conference also gave us an opportunity to explore Montreal and give back to the community. Canada does not just revolve around ice hockey and maple syrup – it is a hub of inclusiveness and is home to various indigenous tribes; it welcomes diversity and cultural differences with open arms, which is a true manifestation of the conference theme – "Bring Your Difference".

4H Clare Wong



4G Baum Ryan Frank



SU Leadership Training

As the President of the Student Union, Syzygy, my role was to design and execute tasks and activities for the two-day-one-night camp. It was stressful for me in the beginning as we wanted to put together a fun and meaningful camp without sticking to the usual clichéd games. Thankfully, with the help of the Executive Committee members and core members of the Class Representative Committee, we managed to come up with creative interactive activities to train our committee members' communication and planning skills. Their laughter and smiles relieved me, and I was contented knowing that we did not let them down.

One of the highlights was meeting with our predecessors. Through discussing and evaluating the achievements of the SUs over the years, we gained insights into the strong foundations laid by them. We traced the evolution of the cheerleading initiatives, the creation of the green fashion show and so on. They also shared their challenges faced as leaders in school, and offered advice on how to work in unity efficiently.

As all of us were from different forms and classes, we barely knew each other. At first, a cloud of uneasiness was cast over the room – although we stole glances at each other, we found it hard to start a conversation. Fortunately, the passionate and friendly Executive Committee members of Syzygy had designed multiple tasks and games to break the ice, and the room was filled with uproarious laughter and shouts in no time.

Different groups were then asked to contemplate various topics like the expectations for SU committee members, how the SU's work reflected the nine SPCC attributes, and how the six Round Square IDEALS could be reflected through the activities we would host throughout the year. It made me realise the importance of SU in serving the well-being of all students, as well as in promoting the good virtues through activities we organised. In addition, we collectively gained a mutual understanding on how we, as committee members, and hence role models in school, should always be on our best behaviour, aiming to maintain a good image of the SU and SPCC, and also to gain trust and support from both teachers and students.

In the evening session, we were challenged to write a proposal on the cheerleading initiatives. We gathered in the Common Room and put our thinking caps on. Not only were we expected to have a clear presentation, we also

The powerful words given by our alumni coupled with the enthusiastic support from our committee members made me even more grateful and proud to be part of the SU. We shall pledge to serve the SPCC community wholeheartedly.

5G Kyle Hui
President of Syzygy



had to come up with a feasible, comprehensive, and most importantly, innovative proposal. It was extremely hard, but the formulation process was surprisingly enjoyable. Striving towards a common goal of fostering SPCC's cheerleading culture, my fellow teammates and I all experienced a boost of adrenaline as we finished the proposal with an overwhelming sense of achievement.

3A Kinnia Cheuk
Committee Member



Xinjiang Study Trip

Xinjiang, or the western part of China, appeared to be a mysterious region into which I had never imagined myself venturing. Being a primary school teacher was another thing that should never be on my bucket list, as I barely had a liking for kids. When I looked at the application form for the Xinjiang trip, the two odd things coincided. I signed up still, for the sake of my friend only. Or so I thought.

However, after setting foot in Urumqi, a city in Xinjiang, I was ashamed of even having thought about preparing for the worst. The most memorable part was teaching primary school children English. Although they were not adept at the language, they managed to improve a great deal – the 30 adorable faces in front of you, listening attentively and answering in English were all it took to get me out of bed early, three days in a row, to teach.

Undeniably, the scenery and deserts were surprisingly beautiful, but what I gained from this trip was not only the

appreciation of some scenic beauty, it was more about the passion and effort behind teaching, as well as the courage to try out new things.

4H Yam Yi

Last summer, we went to the Heavenly Lake of Tianshan and the Flaming Mountains. I was impressed by the breathtaking views and the magnificent natural landscapes in the scenic spots. Other than sightseeing, we spent three days teaching local kids English in a summer camp. I found this teaching experience extremely rewarding as the kids were very passionate about learning English and they all treated us in a friendly manner. Words alone could not express my gratitude for their warm reception and active participation in classes.

4G Ling Lok Yin Ian



SPORTS

Achievement Unlocked

The Inter-school Cross Country Competition for the boys this year was a short but thrilling journey. We ventured into it anxiously without high expectations as training time was limited, yet it ended – unexpectedly – with loud hurrahs and congratulations blaring from the coach, teachers and parents.

After 13 years of being in the Division 3 Area 2, our team has finally been promoted to Division 2. Each and every member has greatly contributed to this year's success of sweeping six individual prizes, as well as the team awards for all three grades.

It was the most glorious moment of my life when we were crowned the Overall Champion, which marked our promotion onto the next level. I would like to thank our coach for his patience, guidance and support throughout the year. As the Team Captain, I am very honoured and grateful for all the support SPCC has given us and the huge effort our team members have made. The impressive results this year has certainly boosted our confidence and further motivated us to strive for our best in all upcoming races.

3B Wong Yat Him Cyrus



STUDENT EXCHANGE

北京交流團

淚水在我的眼眶裏打滾，我向車下的清華伙伴竹君揮著手，車一拐彎，我在北京度過的七天六夜之旅，只能永遠留在我的回憶。三代同堂的家庭生活對我來說是別具特色的，我的夥伴家是傳統的北京家庭，上學、回家、吃飯，都要通知爺爺奶奶。我在香港只是與父母和妹妹住，在這次的交流裏，我嘗試了一個星期的大家庭生活，感覺非常溫馨。最初到夥伴家時，因為彼此不熟悉，難免感到尷尬。但奶奶一句「別客氣，把這裏當自己家吧！」就把我帶入了他們溫馨的家庭裏。眨眼間，離別的時刻到了。擁抱後，我轉身離開，這一切只會成為美麗的回憶。

二丁 李穎希

清華附中也有她獨特的魅力。一開始我還擔心上課的日子該怎麼過，畢竟這是一個全新的環境。但我一走進課室，同學們便拍掌歡迎我、積極幫我找座位，更踴躍向我查問關於香港的事情，他們的熱情把我的恐懼和擔憂一掃而空，我徹底融入清華附中，當了兩天清華附中的「學生」。

二丁 何熙渝

到達北京那天晚上，我的心情非常忐忑不安，這是我第一次住在一個陌生地方，而且離家那麼遠。我心中十分害怕，有一點後悔參加這交流團。但一進入我的夥伴生佳愷的家中，這種不安的感覺馬上就消失了。我跟佳佳一見如故，因為我倆有很多共同的興趣——看書、玩貓等。佳佳家中有兩隻大胖貓，十分黏人，晚上抱著睡覺感覺特別暖和。有時，我想家了，就會馬上抱起一隻貓，平靜一下心情。別看那貓胖，牠們非常靈活好動。有一次，牠們把我的箱子翻得亂七八糟，但看著牠們可愛的模樣，又不忍心罵牠們。在這一個禮拜中，我覺得我的寄宿家庭已經變成了我的家人，讓我感到十分幸福。

二戊 吳芷薇

這是我第一次到國內的中學交流，更是我第一次體驗住在寄宿家庭的生活。起初，我認為與素未謀面的人同住一個屋簷下是一件非常尷尬的事。可是，現實卻恰恰相反，寄宿家庭的熱情好客完美地化解了尷尬。我的夥伴是一個頗健談的人，我倆雖是萍水相逢，但第一晚回家的時候已經談得很投契，真有一見如故之感。最令我驚喜的是，阿姨為了歡迎我，特意在牆上做了一些簡單但別出心裁的佈置，這完全體現了北京人的熱情好客。

二庚 古冰心



Playing Host

ACS Boys@SPCC

As a Form Five student living and breathing the hectic IB life, I was initially not too keen when the exchange programme was announced. I thought seven extra desks were too much for the classroom to hold, and seven extra distractions were too much for me handle. However, I regretted having these feelings after the two-day visit from students of Anglo-Chinese School (Independent) Singapore.

On 12 November, we met our buddies in the cafeteria before school started. I was assigned to look after Ryan. As we were walking up the stairs, our conversations were short, but upon reaching the classroom, I began to feel a connection as we shared a lot of similarities, such as our family culture and taste in Mandarin songs. I also found that he had recently been transferred to ACS for the IB programme and was working very hard every night, aiming to do well in his examinations and pave a better path for his future.

During class, Ryan was more than helpful when we were carrying out experiments or doing group projects. I really appreciated his effort especially during the Chinese class. As we are taking Chinese A while they were only studying Chinese ab-initio, he had to try really hard to understand our literature texts and attempt to analyse it. This willingness to try their best was indeed something worth learning from.

The two days flew by and they had to leave for their next destination, Guilin. When the final bell rang, our classmates and I were sad to part with them.

As the janitors removed the extra desks and chairs, the room felt empty. No matter how hectic life may be, we must not miss out on any chance of learning from others, as the experience you will gain may never come your way again.

5I Liew Jia Jun



SACS Students@SPCC

I had an amazing time and would like to thank my wonderful host family for showing me around Hong Kong as well as teaching me the ropes of the confusing MTR. My first week of school was quite unique as I was lucky enough to join their Student Activities Week, from which I learnt more about the culture and heritage of Hong Kong. Thanks to the school or I wouldn't have known how or where to explore these exotic locations. I also enjoyed school life at SPCC where I got to see how classes were run in comparison to my school in Australia. I had great teachers who made sure I had things to do with the class and I already miss all the new friends I have made.

Lola Raley

I had been to Hong Kong before. I had been there many times in fact. So, what made this exchange special for me? It wasn't the alien landscape, wasn't the hustle and bustle, and wasn't the packed schedules. No. It was the fascinating insights into the daily lives of the locals that I gained.

As soon as I landed, I was greeted by my host family as well as some of my classmates. I really appreciated the hospitality as I'd never received such a warm welcome before.

On my first day of school, I was a bit taken aback by the sheer amount of transits and changeovers we had to make on our daily commute. Soon I discovered that this was common for many people, and the trip was made easy by the efficiency and speed of the MTR, something Sydney transportation had yet to achieve.

Upon arrival at the school, I found the timetable rather peculiar. Although the 15-minute roll call before school started allowed me to mingle with classmates, or watch everyone relax before the day began, which was very similar to St Andrews, this was where the similarities ended. Having assembly at the beginning of every day took some

getting used to, as well as all the breaks and the extremely long lunch. However, I soon saw the merits of having the breaks as it allowed students more time to absorb what was learnt in class or to clarify concepts with teachers.

My buddy's packed after-school schedule offered me a glimpse of the musical talents of the Wind Band. I was also impressed by their professional diligence and efforts during their practice sessions which often ran quite late into the night.

My host family was very kind and thoughtful in preparing for my visit and in ensuring that I saw as much of Hong Kong's cultural heritage as possible. I delved into a side of Hong Kong which was entirely new and unique to me. From visiting local museums and old villages, to going on walks at the Monkey Mountain and Ten Thousand Buddhas Monastery, I had a taste of Hong Kong's non-touristy side.

Although my stay was only two weeks, I was very impressed by the full hospitality both my host family and SPCC had displayed, which made my stay a very special experience.

Morgan Au



When I first arrived, I was welcomed with open arms into my exchange family, and it was easy to settle in. Going to school when I didn't speak the local language, I didn't know what to expect, but everyone was extremely nice. My friends, Andrew and Cyrus, even invited me to play in the class soccer competition, and also to play basketball after school. Their friendliness made me feel comfortable around them. When it was finally time to say goodbye, they even came to the airport to see me off, and surprisingly, handed me a gift.



Timothy Moore

Going Abroad

St Andrew's Cathedral School

From the four-week exchange, we know more about the Australian education system and learning style. Students are engaged in more experiential learning and self-learning. SACS also values sports and art activities – I joined their netball team and tennis team, and also took art lessons with my buddy. Students don't just focus on studying, but they spend time on their interests too. They have a comparatively more relaxing atmosphere at school.

My host family was friendly and nice, we had a great time together. Homestay allowed me learn more about their culture and how to communicate with people from a different cultural background. We all enjoyed the time in Australia.

2F Jenny Liu



Convent of the Holy Infant Jesus (Toa Payoh)

There is a myriad of differences between SPCC and CHIJ, for example, it is compulsory for them to join at least one after-school activities. Activities are wide-ranging and my buddy, Kitmun, has opted for the school choir. CHIJ also offers cooking lesson, and students could bake delectable cupcakes.

During the two weeks my buddy brought me out to different unique places in Singapore. For instance, the famous nature park, Gardens by the Bay, at which we marveled at the spectacular Flower Dome and Cloud Forest. The former is the largest glass greenhouse in the world as listed in the 2015 Guinness World Record, and the latter offers breathtaking mountain views. Another exciting place was Wild Wild Wet, an impressive waterpark that offered ample opportunity for spills and chills as we attempted plentiful thrilling rides!



2E Lin Wei Qing

LANGUAGE & CULTURE

Hollywood versus Real America

George Lucas once said, "The secret to film is that it's an illusion." As we immerse ourselves in Hollywood films, the American filmmaker has reminded us of the differences between reality and its representation on screen.

On December 4, we were deeply honoured to have Ms Whitney Beecham, a civil rights advocate, and Ms Darragh Paradiso from the US Consulate General Hong Kong as guest speakers to give us a talk on "Hollywood versus Real America". The one-hour session was filled with interactive discussions on the stereotypes in Hollywood films, the differences between stereotypes and cultural traits, as well as how these are represented explicitly and implicitly. Not only did the speakers prompt us to identify the existing problems in the film industry, but also reminded us to be more conscious of and patient in curbing cultural bias and stereotypes in the real world.

We were also enlightened by the speakers' ideas on some prominent issues such as celebrations on Asians being cast in Hollywood films. The talk ended on a positive note, acknowledging the effort dedicated by different parties to embrace a more diverse environment in the film industry.

6B Ho On Yi Angie



Campus Life in the US

Many of us wish to pursue higher education in the US and are curious about how campus life would be. We were thrilled to have Ms Elda Muco, an international student from Bulgaria currently studying in a private university in the US, to share her personal experience with us in November.

Ms Muco especially enjoyed the diverse and multicultural atmosphere that was conducive for befriending peers with different racial backgrounds, interests and personalities. Universities in the US allow students to flexibly explore different fields of study before declaring a major. When asked about the admission requirements, she emphasised the importance of community work and writing personal statements that embrace authenticity and individuality.

Some classmates expressed concerns over the socio-political atmosphere, racial discrimination, and gun control. The speaker was very kind to address the issues one by one, and reassured us that the US is a safe country for further studies. She invited us to acquire firsthand knowledge about the country, and advise us to be wary of the image portrayed internationally by the media.



We were very grateful for and impressed by the insights offered by someone other than admission officers. The firsthand experience of a current international student definitely adorned us with further information which was invaluable for university applications.

5B Catherine Lam & 5D Woody Lam

Psychology Enthusiast Circle

The Psychology Enthusiast Circle was formed this year with the aim to create a community for people who are passionate about psychology and to promote discussion on the subject.

Since no cohesive community is without discussion, we started the year's programs with a forum in November. Ranging from the question 'What, if possible to define, is the best personality?' to the effectiveness of personality tests, the various topics engaged our jolly crowd in intellectual repartee, raising awareness of different personalities. We are thankful for the enthusiastic participation of students from various forms, and we hope they have gained insight into the topic of personality.

Another activity was a sharing session by Ms Chan Yawen, a professional clinical psychologist. Over our lunch, students learnt about the rich experience one can gain through interacting with those with mental disorders, and the lessons to be taken and lived out. We discussed various mental and personality disorders as well as their

causes and symptoms. Furthermore, students received advice on pursuing a career in clinical psychology.

Thanks to the ineffable support of the school and our fellow enthusiasts, the Psychology Enthusiast Circle is experiencing pioneering success. These activities are only the first of many to follow. Stay tuned for more inspiring activities.

4G Angel Au, Ryan Baum, Justin Lam, Kinsey Yuen



SCIENCE, MATHEMATICS & HUMANITIES

Gripping Mathematics

It took us months to read academic papers so as to understand various candidate topics of this year's Hang Lung Mathematics Awards before we finally settled on a Euclidean Geometry topic concerning tetrahedron centres. To aid our research, we had to explore the problem using GeoGebra3D, which was useful for predicting results. Although we finished the main research work before the summer holiday, we had to work intensively on the paper within two months. It was a test on our cooperation skills, perseverance and ability to work under immense time pressure.

Mathematical research could be highly technical, but ours did not involve much sophisticated mathematics as we wanted it to be interesting and understandable to peers. Our work was based on an extension of Form Three geometry knowledge about triangle centres and only utilised basic linear algebra. The special things about our work are the creativity and originality we put into constructing new geometrical objects, our meticulous approach when handling the details and verifying our theories, and the mesmerising simplicity and elegance of our proofs.

Our main takeaway is that mathematical research is not as inaccessible as we might have thought. It takes time to digest, but some areas are quite intuitive and not as difficult. This meaningful competition has offered us a unique way to enjoy mathematics, and we would definitely recommend it to fellow schoolmates who are passionate about mathematical research.

6A Cheung Kai Hei Trevor & Ko Hon Ching



International Student Science Conference

Ambling down the narrow streets while the brisk September wind combed my hair, the warm-coloured archaic buildings contrasted the cerulean sky, Venice was an undeniably refreshing place for learning scientific knowledge beyond textbooks. Science is influenced by cultures and societies, nothing can top this trip in explaining these influences under the nature of science.

The sapphire lagoon which coalesces with the cloudless sky, who would have thought that under those docile waves lies a serious problem which can only spell disaster for Venice? Facing such dire problem, delegations from Venice all investigated on the issue of rising water level, to raise awareness as well as solve the problem at its root: people's wasteful lifestyle which leads to global warming.



Venice, an Italian city with captivating historical and cultural richness, has never come to my mind as a scientific hub. When I learnt that this was the venue for the International Student Science Conference (ISSC), my reaction was predictably an ironic shrug. The seven-day trip, however, has changed my perception of Venice completely.

The conference was held in Liceo Marco Foscarini. Founded in 1807, the school has been providing quality science education to students for more than 200 years. We had a campus tour on the first day. We found in their library a collection of books written in Latin. It was also amazing to see the wooden classical apparatus, which were apparently still in use placed neatly on the side bench in the age-old laboratories. Still, I wondered how effective these antique apparatus were in the teaching and learning of the modern science curriculum. In this beautiful lagoon unaffected by the tide of modernisation, I wondered how innovative scientific talents could be nurtured.

Yet, after attending a series of insightful sessions led by different university lecturers, I had completely changed my mind. The most thought-provoking one was on how climate change and the rise in sea levels would impact the future of Venice's lagoon irrevocably. We were enlightened by how innovative the proposed solutions could be, like constructing massive steel floodgates. I came to realise how science, in its role in serving humanity, is interconnected with culture and the society. Science is not only about grand concepts, new theories, or huge breakthrough into unknown frontiers. It is also about the application of known theories to improve

As the last strand of orange made way for the moon, the city was ignited by lights and laughter. Standing atop the Bridge of Rialto, the ebony river below me was freckled with specks of gold and silver. I thought to myself, it would be a shame if the lagoon engulfs this city.

This trip not only provided me with a chance to take a breather from my usual school life, but also gave me a chance to have a peek behind the elaborate façade and dip into the imminent issue that this beautiful city – and the world at large is facing – global warming, a pressing problem that all of us are responsible for.

5E Chan Alexander Chun Lok



the general well-being of mankind. The preservation of cultural relics in the aforementioned lagoon is a case in point.

To me, Venice is no longer just a beautiful maritime city with exquisite architectural buildings for tourists. The ISSC has ignited my passion for the world of science, and for more discoveries with systematic and methodological research with a view to benefiting mankind.

5A Tang Cheuk Sang Steve



Young Astronaut Training

From holding conversation with famous astronauts such as Yang Liwei, the first Chinese astronaut, to participating in astronaut training activities that included blood redistribution exercises, the eight-day Young Astronaut Training Camp in the summer was truly eye-opening.

I was impressed by the training that was designed to help astronauts adapt to the zero-gravity condition in space. As such, on the training bed that was inclined to almost 80 degrees, it was hard to imagine how astronauts manage to endure for over 40 minutes straight! On the television, we usually saw the heroic re-entry of space capsules, but we never knew how much effort these astronauts had actually put in everyday training behind the scenes.

The highlight was the visit to JiuQuan Satellite Launching Centre – the main space vehicle launching facility in China. From the assembly of rockets itself to transportation to the launching pad 1.5 kilometres away, this organised assembly line with hundreds of workers shows why China has accomplished each and every space mission successfully.

Apart from learning the development and history of space exploration, acquiring the skills of stargazing made me feel like I have lived the same life of an astronaut – from training until the beginning of their space missions.

3E Yu Yin Long



Manoeuvring the World in Transition

I was fortunate enough to attend the Asia Society Hong Kong Centre Gala Dinner along with three fellow economics students. Over a delicious dinner at the Ocean Park Marriott Hotel, we listened to keynote speakers Jim Yong Kim, President of the World Bank, and Joseph Tsai, Executive Vice Chairman of Alibaba Group, on the theme “Manoeuvring the World in Transition”.

In his speech, Mr Kim gave us further insight into the World Bank’s work providing funding to developing countries, as well as his focus for the future: building foundations for inclusive and sustainable economic growth, fostering resilient societies and investing in human talent. He then joined Mr Tsai and moderator, Ronnie Chan, in a discussion on changes and phenomenon such as the rise of e-commerce and middle class aspirations due to globalisation. It was a fascinating glimpse into the views of two global leaders, with Mr Kim focussing on developmental aid and Mr Tsai on philanthropy and corporate social responsibility. We also chatted with our tablemates, students of journalism and economics at the Chinese University of Hong Kong, and were introduced to their studies and views on the night’s theme.

All in all, through this event I was able to learn more about the challenges and opportunities facing the global community in 2019 and the future. It has helped me become a more informed global citizen, and I am grateful to the school for this invaluable opportunity.

5I Chong Yan Hei



AESTHETICS & CREATIVITY

Busan Choral Festival and Competition

It is no easy feat to have 60 people, nay students, all dedicating hours of their dwindling leisure time to endless, gruelling rehearsals. It is no easy feat to have all 60 people sing their hearts out, and wrench the hearts of a foreign audience, wetting their eyes. And it is no easy feat to give 60 people one place they call home.

In my three years in the Treble Choir, I have fully tasted the whole spectrum of emotions, including the bitter feeling of regret. Each year, there are always things we wish we could have done better, a plethora of dreams and goals unfulfilled. And that is what drives us to be better: the common fear of having regrets, which in turn unites us as one, with common dreams and experiences.

Last October, 60 members of the Treble Choir participated in the 2018 Busan Choral Festival and Competition. We competed in two categories: Youth and Classical Equal. The latter would have been the last competition of such high calibre for all of us - or so we thought. Having such an active awareness of finality, we sang with such passion and confidence, relating at times to our bittersweet experiences in the Treble Choir, in school, and in life. The final song, 客旅 (Pilgrim), composed by our alumnus Mr Gershom Tse, especially connected with our experiences of overcoming difficulties in life. It is certain that all of us poured our hearts into our voices, and as echoes of the final chord faded in the hall, tears filled our eyes, and the sight of the teary audience, along with their encouraging applause, added to the sense of completion and achievement. And it was then I found out why I had devoted so much time and effort into the Treble Choir: the experience of being among like-minded people, striving together as a team and towards a common goal, and knowing that the reward is always going to be there regardless of the outcome.

And then we were notified we had earned another chance to make music with this wonderful group. As we were awarded two Gold Awards in both categories, it was exceptionally reassuring to know that our tedious efforts over months and months had paid off.

At the final night, we performed Pilgrim once again in the Finals Concert. The sense of finality settled in as we mentally prepared for the end of such an enthralling journey. In spite of our rather tired voices coupled with a terrible sense of anticipation just before we went on stage, the atmosphere was calming when we got on stage. We knew how much we have already accomplished, and this opportunity to sing together once more was a treasured reward in itself already.

Later that night, we were presented with the Grand Prix. As the Choir screamed in the balcony, I stood on stage, overwhelmed by a glorious splash of emotions. Overwhelmed by joy, by the noise made by my screaming companions, by the sense of achievement, and by relief. It marked the end of my exhilarating journey in the Treble Choir. And it was a magnificent finale: we had tried our best, we did our best, and we were recognised in the best possible way; we were all left truly without regrets.

In this incredible TC journey, I have learnt a lot, something far greater than the choral and vocal techniques. It was about how to run a group effectively; how to back passion with commitment; and about how good being in a cohesive and well-performing team feels like. It feels like home, and that is what the Treble Choir will always be to me.

4G Cheng Shing Chak Jonathan



Choir Performance on National Day

Our School Choir and music teacher, Mr Apollo Wong were invited to perform the national anthem at the flag-raising ceremony and the National Day reception to mark the 69th National Day.



HK International A Cappella Contest

In recent years, the choirs have been sending representatives to participate in the Hong Kong International A Cappella Contest. In the 2018 event, our school sent out three teams: Ukiyo (F4), Euphoria (F2-3), Virtuoso (F1-3), and attained encouraging results. All the teams got into the finals; Ukiyo won the Overall Champion and Best Presentation Award in the Secondary School category; Virtuoso obtained the Best Arrangement Award.

A cappella is a form of music in which members of the group has to create music, including the melodies and harmonies, solely with their voices. It requires skilful control and balance, which can only be achieved if we all pay attention to the blending of the voices. Particularly because the practices are mostly self-initiated, this is a challenge for us to learn how to respect each other's opinions, make sure everyone has a chance to express their thoughts and make choices in the best interest of the group. Though all our members are experienced choir members who have participated in many different competitions, A cappella is

very different in style when compared to the choral music we are familiar with. It is no doubt a challenging feat that we all have to adapt both our mindsets and voices for, yet our passion for music outweighed the difficulties. Tapping into this new domain of music making was a very exciting experience.

Despite the fact that refining our songs constantly sets us back and we do feel lost sometimes, the laughter and happiness we've shared with our teammates are surely more significant and we've truly enjoyed this experience to the fullest.

4I Wan Tsz Kiu Iman



Art Workshop

As a drawing enthusiast, I was quite disappointed by the fact that we do not have any more compulsory art lessons after Form One. This is why I was especially thrilled that I could join the lunchtime demonstration workshop hosted by contemporary fine artist Ms Alice Chan.

Through demonstrating how to draw a rose with acrylic, Ms Chan taught us a few basic yet essential painting techniques. For example, we learnt to employ a quick sketch technique called “厚塗”, which is putting a thick coating of color on the canvas and using the brush to create the desired texture. We were able to create a lively rose with just a few strokes using a round headed brush. She also stressed the importance of the richness of a painting's background, which sets the entire atmosphere for a piece of work, as well as teaching us how to use colors effectively by mixing them. Ms Chan was incredibly supportive throughout the whole process, cheering us on with praises and giving us constructive comments on things we drew or techniques we used, which made the process all the more enjoyable.



I am very grateful for Ms Chan, as it is the first time I have tried working with acrylic paint. As I usually draw with the digital medium, learning techniques on traditional mediums from a professional artist is definitely an eye-opening experience.

6I Chung Mung Tim



A Millennium of Monochromes

Our alumnus, Mr Richard Kan, hosted a photo exhibition of his Chinese monochrome porcelains collection at our Exhibition Gallery, the Zhuyuetang Gallery, while the actual monochrome pieces were exhibited at the Baur Foundation, Museum of Far Eastern Art in Geneva.

From the insightful assembly sharing, our schoolmates learnt about the historic, artistic and technical features of the monochrome porcelains. The exhibits, as well as the book that Mr Kan has kindly presented to our school's collection, have enlightened us on the world of ceramic art. The elegance and subtle variances of each monochrome porcelain have truly left us in awe. Showing an array of the collection from different dynasties, Mr Kan praises the simplicity and unspoilt beauty of each piece. With great detail, he explained their evolution in terms of the patterns and styles that were evident throughout the ages.

In appreciation of Mr Kan's generosity, a painting by our schoolmates that pays homage to the name of the gallery,

Zhuyuetang 竹月堂, was presented to Mr Kan after his informative and insightful assembly sharing with the whole school. The exhibition and the assembly have widened our horizons on a different form of art that we may not experience so often on our own.

5G Lucinda Ku & 5H Hilary Cheung



STAFF DEVELOPMENT

Macau Education Tour

The new school year got off to a rewarding start for SPCC staff thanks to the Macau Education Tour on 18 October. The purpose of the trip was to exchange professional knowledge and build collegial bonds with our colleagues at SKH Choi Kou School in Macau. After our swift departure from Shuk Tak Ferry Pier at 8 am, we soon arrived at SKH Choi Kou School where the Principal, Mr Chan, gave us a comprehensive overview of the education system in Macau. Principal Chan also showed us how SKH Choi Kou School had been lending support to developing youngsters into future leaders in their respective fields. We also had an opportunity to tour the school and exchange professional views with its teachers. We were delighted to meet many vibrant and confident students there!

After a delicious buffet lunch, we gathered at the historic A-Ma Temple to start a tour of some of the UNESCO Heritage sites in Macau. Constructed in 1488 to commemorate a sacred sea goddess, the A-Ma Temple is filled with rich history and culture; it also tastefully showcases many Chinese architectural treasures. We also visited the iconic St Dominic's Church built in the Baroque-style as well as St Lawrence's Church which has the most beautiful interior; a wooden baby blue ceiling on top of its signature yellow walls.

However, amongst all of the heritage sites visited on the Tour, The Mandarin's House was perhaps the most memorable. This elegant residential compound is an architectural gem that was previously home to Zheng Guanying, a notable reformist and literary figure. It features

various styles of historical Chinese design and architecture, with the occasional glimpse of western design as well. Also of note were the stunning Chinese paintings and calligraphy on display. Its spacious hallways and courtyards provided the perfect setting for visitors to photographically record their memories for posterity.

Our tour ended in hearty applause as we posed for snapshots in front of the Ruins of St Paul's, the most famous stop on the Heritage tour. Some of us bought snacks and souvenirs from the street vendors in Senado Square whilst others enjoyed local delicacies such as Portuguese egg tarts and Macanese sawdust pudding. We departed Macau imbued with joy, new knowledge and refreshed friendships.

Ms Cherry Wong



Practical Legal Knowledge

As educational practitioners, it is important for us to be aware of legal aspects of our role, rights and duties. This talk exactly meets our needs.

Mr Gilbert Lee shared different areas that the staff should be aware of. These areas include sexual harassment, conflict of interest, failure to supervise, duty of care, personal data leak, first aid treatment and crisis management. As many real case studies were shared, we became more aware of the legal issues in educational practice. Therefore, the staff can be more fully prepared in situations which involve these types of situations in the future.

Ms Eva Chan

Mr Lee also gave a legal talk to the administrative staff after speaking to the teachers. I find it very beneficial as his sharing focused on different aspects of the Labour Law such as work injury, occupational safety, vicarious liability, public liability insurance, workers compensation etc. This talk made me understand the importance of staying abreast of the current Labour Law in order to carry out my job professionally.

Mr Nelson Lau



Joint Retreat at St Paul's Church

On 4 January, our primary and secondary school teachers attended a retreat in HKSKH St Paul's Church. The beautiful church was filled with a sacred and peaceful atmosphere as the service started. The Revd Amos Poon officiated the service and led us through prayers for the Education sector.

It was a good time for our staff to find peace and gain strength in God in the beginning of the year so that we can be prepared to take on challenges in our teaching and continue to help our students grow and flourish.

After the service, we were honoured to have invited Bishop Andrew Chan to share with us. He mentioned that people were losing hope around the world. Some immediate challenges faced by people included disasters that might happen due to modern scientific technology and disparity between the poor and the rich. Also, people might understand psychological theories, but they might not be

able to deal with their own problems. Hopelessness is filling up our society.

We were relieved to hear that there is a solution. Bishop Chan shared the source of hope. A significant dimension of the church is caring for the poor. This poverty refers not only to materialistic means but it also refers to spiritual poverty. Bishop Chan further shared that as teachers, we could pray to become the blessing of the world. In schools, the grace of God is having good teachers. As we strive to be better teachers, inevitably, we are bringing hope to the world.

It was a wonderful afternoon of spiritual insights and Bishop Chan's sharing had motivated us to become educators who influence the world and bring hope to all.

Ms Eva Chan

HKSKH Provincial Education Day

Council members, the Principal and the Headmistress, teachers and a student representative attended the HKSKH Provincial Education Day Evensong on 19 January in St John's Cathedral. The Right Reverend Dr Timothy Chi-pei Kwok delivered the sermon and he used the lost parables of Jesus to remind educators of the importance of life education. Teachers should care for the life of every student and nurture them in God's love so they will grow to realise and utilise God's gifts in their lives.

Ms Li Hau Yee



外展訓練

一年一度的小五外展訓練課程於 10 月 22 日拉開序幕，五天課程裏，同學要接受種種新挑戰。一開始，他們或許有些擔憂或害怕，但憑藉樂觀、積極的精神，大家必可發揮潛能，衝破種種障礙與難關。

外展課程給我許多難忘回憶，例如露營、遠足、划船等，當中最為難忘的是「Jetty Jump」。我戰戰兢兢地走上碼頭，非常緊張，不知道海水冷不冷，猶豫着跳不跳，跳下去會不會受傷……但已在水中的同學不斷鼓勵我，我回想起老師說，面對困難時，要有正向思維。於是，我鼓起勇氣跳下去。最後，當然是安然無恙，成功完成挑戰。我十分高興及很有滿足感，我還跳了兩次呢！

五甲 卓雋然

我提高了自理能力，也學會怎樣照顧隊友。我最難忘的是「Jetty Jump」。雖然我懂得游泳，又穿了救生衣，但當站在高處的碼頭邊準備跳時，確實有點害怕！不過，我還是鼓起勇氣，深呼吸一下，便躍進水裡——那一刻感覺很爽，既刺激又好玩！這次外展課程真令我回味無窮！

五丙 王繹嘉

雖然五天的訓練並不輕鬆，但我卻感到很快樂。第一天，不懂合作的我們，經過教練悉心教導後，終於明白只有團結一心，才能把事情做好。大家合作時還要積極溝通，多了解大家的想法，才能找出最適合的方法解決問題。雖然我們在訓練中犯了不少錯誤，但教練都能耐心地教導我們，令我非常感恩。

五丁 蘇靖珈

感謝老師給我們參加外展訓練的機會，亦非常感謝所有導師的悉心教導。我會把校長所說的「專心聆聽，服從指示」牢牢記在心中。課程後，我感覺整個人變了，變得成熟了。我超級希望可以多去幾次外展訓練！

五乙 李鎧彤

最令我印象深刻的是和隊友一起划船。起初，我和兩個隊友拼命划，但橡皮艇分毫也沒有移動。於是，我們就一起數：「一二三！一二三……」結果，橡皮艇慢慢往前方移動，我們和鹽田仔的距離也拉近了。這使我學會團隊合作的重要。我十分感謝上帝、梁校長及老師們給予我們非常難忘的體驗，走出舒適區，並踏進「恐慌區」學習。我終於明白到 Grant M Bright 所說的：「船隻停泊在港口雖然安全，但這不是它們被造的目的。」

五戊 吳樂恩



社會服務

長者義工服務

11 月 24 日上午，本校約 20 對親子義工發揮聖保羅關愛素質，一同參與聖雅各福群會灣仔長者地區中心的獨居長者探訪服務。家長及同學更親自預備禮物，表達關懷的同時，亦為長者送上暖意。

我和媽媽帶著餅乾和毛巾作為小禮物探訪「老友記」。之後我們回到聖雅各福群會分享心情和得著。我很感謝學校給我們這個機會參加義工活動，讓我們和長者接觸和溝通。我了解到很多長者年輕時都曾辛勤工作、貢獻社會，現今，當他們年邁了，我們應該更加關心他們，感謝他們當年的付出。

五丁 朱樂甯



親子賣旗

為積極參與社會服務，本校約 200 多個家庭，約 500 多名家長及同學於 12 月 15 日上午，共同參與由世界自然基金會舉辦之賣旗活動，於港島區賣旗。

為世界自然基金會賣旗籌款，除了可以為保護大自然出一分力，還能夠發揮聖保羅的「服務」素質，我感到很開心。

二甲 蘇以晨

抵達中環後，迎面而來都是師兄師姐的親切笑容和勉勵，途人也樂意慷慨解囊。我的小弟助助手，活蹦亂跳，連彪形大漢亦成功攔下來「推銷」，誰說香港人不樂善好施呢？

三乙 梁峻瑜



STEM 學校交流

12月13日，來自本港13間小學的校長及老師一行37人到訪本校作STEM教育交流。我們先分享過去十多年來，分階段推行STEM教育的經驗，繼而進行分組觀課，課堂包括數學、常識、資訊科技及科學日營，同工們可以從中了解本校如何在不同科組滲入STEM元素，並進行教學。接着，我們帶領同工們參觀校園內四個STEM教育硬件配套，包括簇新設計的Inno Tech Room、發揮創意的LEAD Room、進行科研探究的實驗室及提供資源的圖書館。



日本人學校交流

多年來，本校學生定期與香港日本人學校的學生作文化交流，互相了解彼此的文化特色。去年10月，友校幾位老師專誠來訪，希望透過訪談、教學觀摩、參觀校園等活動多了解香港學校的課程。兩校老師們有機會再次聚首一堂，十分難得。雖然大家的文化背景不同，但對教育抱持共同理念，就是「以學生為本，發揮學生所長，讓他們做個快樂孩子」。

很榮幸有機會代表音樂科與友校老師分享音樂課程和活動。他們特別對我校三年級的器樂課程感興趣，並對我們擁有眾多音樂團隊表示驚訝和讚賞。觀課後，他們亦讚揚我校同學主動和積極的學習態度。這次交流時間雖短，但很高興彼此能把握時間，積極分享。很希望將來有機會親身到他們學校，延續兩校老師的專業發展。

陳旨成老師
音樂科科主任



We had an in-depth discussion on the English curriculum. Our visitors were intrigued by our school-based curriculum in which we integrate the teaching of the four skills (reading, writing, speaking and listening) into the English lessons by way of using authentic material - the readers, the posters and signs used in real life. We also got to learn about how English is taught in the Japanese School. It was a fruitful professional exchange experience on both sides.

Ms Juliet Du
English Panel



友校交流

12月18日，聖公會幼稚園的校長、老師及家長蒞臨本校參觀，小三及小五的學生大使熱情地接待嘉賓們遊覽校園，並參觀學校設施，進一步認識本校同學的校園生活。

身為五年級的學生大使，除了接待嘉賓，這次更需肩負帶領三年級成員的任務，實在是一大挑戰呢！我很高興能為家長介紹校園設施，加深他們對學校的了解，過程中，我要不斷提醒自己要有自信，聲音要響亮。最後，我得到家長的鼓勵，感到十分滿足。

五戊 朱樂行

這是我第一次接待校外嘉賓，而嘉賓正是來自我的母校——聖公會幼稚園的老師和家長。起初我有點緊張，但靈機一觸，我記起香主任和陳姑娘的教導，把心情放鬆，便能夠親切地介紹校園的各種設施。這個經歷很難忘，既能讓我的幼稚園老師看見我快樂成長，亦能令嘉賓對學校留下一個好印象，讓他們知道聖保羅的學生都是好孩子。

三丁 何思源



SCHOOL EVENTS & ACTIVITIES

快樂孩子 快樂父母

家長素質

本學年的發展重點是「引發正能量，做個快樂孩子」。為加強家校合作，共同培育學生，家長教育組於 2017 年成立，成員包括家長教師會代表、老師及學校社工。家長教育組定期開會，擬定及協調校內各類型家長教育活動。

要培育快樂孩子，先訣條件是要有快樂父母，家長的角色絕對重要。繼 2014 年的學生素質、2017 年的教師素質，我們於本年度推出「聖保羅家長素質」。學校舉辦各類型家長教育活動如座談會、講座及教育課程等，與家長分享如何在日常生活中實踐「家長素質」，希望父母和孩子擁有愉快的家庭生活。

9 月至 12 月期間，學校分別舉行了小一至小六的家長講座，由學校社工及各級德育統籌老師結合該級學生的成長特點和需要，與家長作主題分享，旨在深化家長對「家長素質」的理解，提昇家庭教育的意識，從而帶出「快樂父母才有快樂孩子，快樂孩子才有快樂將來」的訊息。各級家長會主題：

小六	快樂孩子、家長升中角色	小三	快樂孩子背後的快樂家長
小五	由兒童到少年的成長：家長的角色	小二	學生自理能力的建立：家長的角色
小四	做個快樂小四生：家長的角色	小一	小一適應：家長的角色



快樂孩子約章

另外，我們亦舉辦了不同的品德培育活動，當中與社會福利署及瑪麗醫院合辦的「家校同行・快樂孩子約章」計劃更是一項新嘗試。活動希望透過小四的「親子園藝工作坊」及小三的「樂在舞動中」，把正向思維植根於學生和家長心中。望日後能將活動推廣至各級。「親子園藝工作坊」於 10 月 22 日舉行，由瑪麗醫院醫務社工及園藝治療師主領，目的是透過親子園藝種植，讓學生和家長共同接觸大自然，建立正面情緒。「樂在舞動中」於 11 月 21 日、12 月 6 日及 14 日，分三場進行，由瑪麗醫院醫務社工及著名舞蹈家王廷琳主領。舞蹈是最真實的身體語言，可以讓我們發現自己、感受世界，並聯繫他人。舞動可令無處不在的快樂流動起來，讓我們獲得正能量！

我感恩能與爸媽共同製作屬於我們的盆栽！活動中，老師、導師和園藝師悉心解說和指導，又為我們挑選四款美而不華的綠色植物。整個多用途場館容納了過百對家長和同學，一起動手合作放泥土，擺放及鞏固植物，澆水及佈置花盆等。全場笑聲不斷，溫情滿溢！栽種植物猶如父母及師長培育我們一樣，除了陽光和養份，愛心更是不可或缺的重要肥料。

四丙 譚頌曦

非常感謝爸爸放下繁重的工作，回校與我參與「親子園藝工作坊」。當天的多用途場館瀰漫著歡樂的氣氛，家長和同學投入地研究各種種植用具和物料。不知道是否因為到處都是植物的關係，場館內的空氣感覺特別清新。大家一步一步跟著導師指導，最後，我和爸爸順利完成屬於我們的盆栽，並寫上獨一無二的名稱。這個親子活動直到今天仍沒有終結，我們把盆栽帶回家繼續照料，看見花開花落，植物仍在不斷成長。

四甲 曹蕙文

「樂在舞動中」像一堂與別不同的體育課，學校邀請了著名舞蹈家王廷琳和他的舞蹈團隊，教曉我們各種舞技，我們邊跳邊唱：「盡快將憂愁眼睛、憂愁面孔、憂愁內心拋棄吧，找回你的微笑嘴巴一同合唱……」大家都全情投入、載歌載舞、樂在其中。他們還教曉我們很多人生道理：做人要樂觀、做事要堅持、要有自己的興趣，不要害怕，要努力嘗試才會有收穫。

三乙 賴名揚



You are the 'MASTER'

2018/19 學年，我們把推行三年的 STAR 自主學習課程與 STEM 元素重新整合成 MASTER 綜合課程。10 月 12 日為啟動禮，除了介紹 MASTER 蘊含的意思及主題「樂活人生由我創」外，更重要是帶出「You are the MASTER」的理念，讓學生明白自己是課程的「主人」，從而學得更自主認真、更積極投入。各級老師在衣、食、住、行、樂、育六個範疇中，擬訂具延伸學習元素的副題教學，再因應學生能力和興趣設

計活動，如一年級的「我愛地球」、二年級的「MYOT-Make Your Own Toy」及五年級的「樂在《始》中尋」等。老師本著「We are the FACILITATOR」的信念，以學習促進者的角色，由淺入深精心策劃多元化的學習活動，包括專家講座、參觀、工作坊、探究實驗及校園考察等，為同學建構不同的展示平台，創造更廣闊的思考空間，讓學生真正享受學習，成為「MAKER」。

雖然一年級學生向來積極投入，但是要剛上小學的六歲小孩成為 MAKER——自己動手做實驗、製作模型，甚至發明品，難度會否太高呢？豈料，他們在每節課堂都為我們帶來驚喜和信心，使我們放膽設計富挑戰性的活動。專題探究研習日那天，其中一個活動是讓同學發揮思考和創新去設計屋頂。他們靈活運用各種知識和科學原理，設計出不會倒塌，並能順利通過各項測試的小屋。最令我們驚訝的是，他們懂得自發將設計修訂及改良，真正做到 MASTER 中的 MAKER。一年級小孩的能力真不能小覷啊！

陳汶利老師、鄧慧嫻老師
一年級組長

課程之初，老師安排了「校園清潔難點大搜查」活動，讓學生探索發明方向。我們與學生遊走校園，看見他們運用課堂所學的觀察方法，以另一個角度重新探索一個熟悉的環境，並自行走到隱蔽的地方去探視、自動拿起膠貼清理塵埃，他們的謹慎、投入及興奮，真教作為促進者的我們感到欣慰，並

熱切期待他們的發明品。在專題探究研習日中，我們以「吸塵機製作活動」呼應之前課堂所學，讓同學展現創意。同學們運用流體力學原理親手製作吸塵機，不斷改良設計，再利用科學方法作吸力測試，充分體現科學家精神，真的不禁驚嘆孩子們的創新思維！有同學為了令作品外型更吸引，自行利用剩餘物料來美化吸塵機呢！

盧曉儀老師、呂穎芯老師
四年級組長



CHRISTIAN EDUCATION

Dual-purpose of Parenting Courses

Since the school year of 2013/14, we have been offering two types of parenting courses: one for parents with children aged 0-10, the other for those with pre-teens, both with a view to help parents better equip themselves in parenting.

Sometimes, parents might be led astray by the “prevalent” views in our society, i.e. to raise “high-achieving” children. Yet, basing on biblical principles, our parenting courses greatly help parents refocus: they are reminded that children are gifts from God, and it helps them look at their children, family life, and so called “achievements” with renewed focus, thus alleviating a lot of unnecessary pressure and, eventually, bringing more laughter back home.

Many parents look forward to the weekly parenting session that is running for ten weeks in a semester, as they find themselves re-charged after meeting with their peers. While enjoying breakfast served with love, they watch films, work on reflective exercises, and share freely in group discussions with confidentiality and without judgmental comments – a truly enjoyable time reminding that they are never alone in the SPCCPS family.



The dual-purpose of the courses are to help parents grow vertically and horizontally. Many parents have come to learn to trust in God and appreciate the company of fellow parents on the journey of parenthood.

As we emphasise positive thinking and better communication skills among students this school year, how important it is for parents to walk in step and set good examples for their children! Parents say that their children are very excited when they come to school for the parenting classes. We can say with joy, humbleness and thankfulness that many families have benefited from the courses.

聖餐崇拜

本校於 12 月 12 日舉行聖餐崇拜，除了邀請聖保羅堂的牧者主禮及證道外，更邀請家長出席，以堂校合作的方式跟師生及家長一同紀念耶穌基督降生。透過聖餐崇拜，能讓甚少返教會的學生了解聖餐的意義，感受莊嚴、神聖的崇拜氣氛，潛移默化，把屬靈的種子栽種在同學心中。

聖保羅堂為本校的牧養教會，適逢保羅堂主任牧師林壽楓法政牧師在 2018 年年底榮休，本校師生特別製作了紀念品致送給林法政，答謝他十一年來牧養本校，一直扶持學生在靈性上的成長。



學校朗誦節

本校學生一如以往踴躍參與校際朗誦節，透過比賽提升演說技巧、增強自信。同學們於賽前做足準備，積極鑽研誦材內容及表達方式，務求把詩歌或散文演繹得淋漓盡致。Harmonic Speaking Team 及初小普通話組分別獲得亞軍及詩詞集誦冠軍，中文組之二人朗誦獲得一個冠軍、一個亞軍及兩個季軍。在獨誦方面，英語、粵語和普通話組合共獲得 70 個冠軍，成績甚佳！



中文好書齊齊讀

中文科一直致力推廣中文閱讀，每級均設「十本好書計劃」，讓學生多閱讀中國文化及歷史經典書籍，積極營造閱讀氣氛。9 月下旬，各級中文科老師使用翻轉課堂向同學推介「十本好書計劃」中的一本圖書。初小圖書多是繪本及童話寓言，高小則以兒童文學及歷史故事為主。為吸引同學閱讀好書，並推廣中國文化，老師粉墨登場，飾演包青天等人物，或抽取書中其中一至兩個有趣的章節，以生動的形式錄製影片。學生觀看影片後的反應十分熱烈，家長甚至於家長教師座談會上主動提及片段內容呢。

其實，老師推介好書是為了下學期的中文閱讀課作導航，希望令學生「閱」讀、「悅」讀、「越」想讀。學習形式多元化，重視課堂活動及學生投入程度，重點培養他們閱讀中文書籍的習慣及多元化的閱讀興趣，讓閱讀成為學生良伴。



Cross-Curricular Learning in English

Cross-curricular learning is one of our main focuses this year. It is integrated into various subjects with aims to develop students' generic skills and independent learning abilities.

The Primary Six students were introduced a new reader, Ancient Egypt this year. During the pre-reading stage, they were asked to conduct an experiment to investigate which material worked best in mummification in the laboratory. They had to make a hypothesis based on the knowledge they acquired from their General Studies lessons about the climate in Egypt and characteristics of different materials. They also made use of what they have recently learnt in their Mathematics lessons to do the calculation in data collection and analysis. This activity aroused students' interests in ancient Egypt and expanded their world knowledge about the topic.

For one of the writing tasks, students wrote a news article on the discovery of King Tutankhamun's tomb in the Valley of the Kings, Egypt. During the pre-writing stage, students experienced the discovery first-hand through the use of virtual reality technology in the classroom. They played the role of Howard Carter and literally dug their way through! They recorded their findings in preparation for their writing. Finally, they immersed their learning from General Studies on the Valley of the Kings and completed their news articles on this amazing discovery with flying colours.



努力向上 永不言敗

當我知道自己獲得「港島西區小學校際足球比賽傑出運動員」時，我感到十分高興，並非常感恩能代表聖保羅獲獎，榮耀是歸於整個團隊的。我由三年級開始加入足球隊，今年很榮幸獲選為隊長，肩負起帶領和鼓勵隊員的責任。

這次比賽最難忘的對手是聖保羅書院小學。他們的實力十分強，比賽初段，我們憑着對手失誤而入球，但是對手於最後五分鐘入球追平，隊友們頓時垂頭喪氣。我立刻對他們說：「加油！不要放棄，我們一定得。」在這一時刻，隊友們給我一個肯定的眼神。到最後三分鐘，我把球踢入禁區，由隊友一頂入網。我心想：「原來只要樂觀正面，就能闖過難關。」

我要多謝教練們多年的教導和帶領，讓我們在球場上發揮更出色的表現。最後，我要特別多謝梁校長，因為她教懂我過程比結果更重要。在這三年裏，我認識了一班親密戰友，留下了許多美好回憶。我衷心希望隊友們能繼續努力，繼續發揮聖保羅精神！

六丙 邱維晉



AESTHETICS & CREATIVITY

青年音樂匯演

在「香港青年音樂匯演」的弦樂團和管樂團比賽中，我們的弦樂隊和管樂隊榮獲該組別的金獎，更讓人喜出望外的，是管樂隊首次為本校奪得《管樂團比賽—小學總冠軍》的殊榮。得此佳績，我們非常感恩！

為了讓同學有更充裕的休息，本年度我們大膽地縮短團隊練習的時間，並得到校長的支持。音樂科同事與樂團導師們緊密溝通，大家不斷優化教學策略，目標是在有限的時間內帶領學生發揮高水準的表現，此佳績確為我們的團隊打了一支強心針！

團隊訓練除了讓同學一起合奏音樂，更著重培養同學的團隊精神和積極樂觀的態度。正如管樂隊王老師所說：「獎項不會跟我們一生，但良好的態度卻能幫助我們一世。」我們在賽前祈禱說：「不論成績如何，願我們將音樂呈獻給祢，並將榮耀歸祢！」當我們不是為獎項而演奏，而是要用音樂與別人分享快樂，並將音樂獻給天父的時候，充滿幽默感的天父卻給我們意想不到的驚喜，彷彿在告訴我們：「你們的態度和方向正確了！」我們深信神創造音樂的目的，是要提醒我們用這工具去讚美祂並歸榮耀給祂。願所有榮耀歸予天父！

我十分榮幸能夠加入樂隊，與同學一起演奏不同樂曲，發揮才能、享受音樂。我們學會好好溝通，互相合作，才能拼奏出美妙的樂曲。準備過程實在不容易，大家都付出不少努力！幸好大家互相支持，努力練習，才能在比賽中有出色的表現。

今年是我第三年參加樂隊，雖然以往有出賽經驗，但心情仍像初次參賽的同學一樣，十分緊張。由於我們的出場序排第十，看到對手的出色表現，我們感到更大壓力！但是在大家的互相扶持和鼓勵下，我們懷着信心迎接挑戰，謙虛學習，保持樂觀。最後，我們奪得金獎，大家都歡歡喜喜地尖叫起來！我想多謝各位老師和指揮三個多月來的悉心指導，我們才能有今天的成果。希望來年再接再厲！

六乙 麥禕橋

"Congratulations to St. Paul's Co-educational College Primary School!"

These words are still ringing in my head. After three months of unforgettable practices and lots of hard work from both the students and the teachers, we finally managed to perfect the two music pieces, Flight of the Thunderbird, and Man in the Ice. I learnt that being in the band is not about how amazing or how talented you are, but about learning to cooperate and to have self-control. I am very grateful for this experience that enriches my primary school life.

6B Charmaine Sze Hiu Tung



拓闊藝術視野

本年度視覺藝術科老師帶領同學參加不同的國際性大型美術比賽，如國際珊瑚礁年美術設計比賽和粵港澳海洋生物繪畫比賽等，讓同學拓闊藝術視野、豐富繪畫經驗。最重要是透過參賽，同學們發揮潛能，不斷地提升自我。最終五丁班黃佳儀和四乙班田樂童國際珊瑚礁年美術設計比賽中分別獲得世界賽第一名和香港賽三等獎。

我參加了「2018 國際珊瑚礁年美術設計比賽」，比賽目的是讓市民了解珊瑚礁的重要性和相關海洋生態系統所遭遇的威脅。

很感恩老師推選了我參賽，由構思到落筆的過程中，雖然遇到不少困難，但我獲益良多。在準備時，我深深體會到「思考」、「創新」和「學習」這三項學生素質的重要性——我要絞盡腦汁去發掘新奇有趣的方法來創作自己獨一無二的圖畫；積極探究一些有創意的材料來畫這幅畫；並主動學習畫珊瑚礁的有趣技巧。不論賽果如何，對我來說都不是最重要，最重要是我在畫畫和搜查資料的過程所學到的知識、技能和態度，這實在是一次難能可貴的學習機會。

四戊 楊彥臻



I was shortlisted for the final of "The Greater Bay Area, Our Elegant Home – Guangdong-Hong Kong-Macao Marine Life Drawing Competition 2018". This experience allowed me to challenge my creativity, stretch my imagination and enhance my drawing skills.

My drawing was based on the marine life in Hong Kong, Macao and Guangdong. The Hong Kong-Zhuhai-Macao Bridge allows a faster mean to travel among the three cities, but it comes along with a price – ocean pollution that threatens the existence of many endangered land and sea species. Therefore, with this painting, I decided to remind people to maintain a clean ocean for a good cause. It is important to strike a balance between economic, social development and environmental harmony.

6B Hayley Meredith Chan



MATHEMATICS, SCIENCE & HUMANITIES

數學 Brain Up 樂滿 Fun

本年度數學科與校園電視 Glory TV 聯手，為大家介紹不同類型的數學思維遊戲——同學在節目中，頭頭是道討論遊戲的玩法，電視外的同學亦非常好奇地觀看。我們希望同學對這些既能訓練思考，又具挑戰性的遊戲增加認識，從而提升學習數學的興趣，寓學習於娛樂。

這些遊戲現存放於圖書館內。遊戲需要同學運用多角度思考，才能找出致勝秘訣！同學亦能在思考過程中提升專注力，並與其他同學互相砥礪、切磋棋藝。希望同學日後多去圖書館的資優室借用這些遊戲玩，一起 Brain Up！

今年是我倆首次加入 Campus TV，活動內容不但精彩，同時富挑戰性。我們除了要學習不同的拍攝技巧外，還需要與組員通力合作，才能把節目成功製作出來，放送到各樓層的電視。

製作過程很有趣，更帶給我們不同的滿足感。其中最深刻的當然是製作有關介紹和推介數學遊戲「Quarto」的影片。在拍攝這段影片前，我們要先學習遊戲規則，並與同學試玩，了解遊戲當中的思考方式及遊戲攻略，才可更有說服力地推介給其他同學。在試玩過程中，我們也曾遇到思考障礙，但經過不斷的嘗試，我們漸漸愛上了這種思維遊戲！

六丁 李家彰
六戊 陳碩文



InnoTech Room

2008 年遷入黃竹坑校舍恍如昨天的事，但原來一轉眼已經十年。隨著時代急速轉變，科技發展愈見成熟與普及，加上 STEM 教育愈見重要，為培育具備 21 世紀技能 (21 Century Skills) 的多元人才，我們於 2016 年起計劃將兩個電腦室重新佈置，為 STEM 教育提供更靈活、更具彈性的學習與活動空間。重新命名的「創新科技室 InnoTech Room」改用觸控式手提電腦配合無線網絡，並轉用輕便可摺桌椅，使房間佈局更靈活多變。



觸控式大屏幕取代傳統投影機，色彩對比更鮮明，學生看得更清楚，亦可於屏幕上直接操作電腦畫面。



可開合的玻璃門用作兩間課室的間隔，關閉時為兩個獨立課室，打開後變成更大的共學空間。玻璃面亦可作書寫用途，方便小組進行各類型活動。



創新科技室最大特色是融入智能家居元素，如霧化玻璃、智能喇叭、燈光控制等，讓學生親身接觸新科技時，亦能學習智能家居背後的操作和科學原理，其知識有助延伸應用於不同環境，真正體驗如何把新科技融入日常生活中。

此次大規模翻新工程標誌著資訊科技科課程和教學理念的更新，注重提升學生的資訊科技素養。

讀時事 動手做 解決生活難題

常識科素來重視培養學生的時事觸覺，透過每月時事問答比賽、時事工作紙及校園頻道 Glory TV 提供即時新聞資訊等，增強學生對社會上各種議題的關注。我們亦透過課堂時事分享，激發學生活用多角度思維，為一些影響民生的問題或現象設計解決方案。有同學從新聞上得知超強颱風天鴿吹襲香港時，巨浪湧入地下停車場以致停車場幾乎被淹沒，便決心設計一個裝置，避免同樣情況再次發生。

去年颱風天鴿使停車場嚴重水浸，水位甚至比人還要高；不少市民的車子完全損壞，這則新聞令我留下非常深刻的印象。因此我便以此為靈感，製作出水浸時能使停車場閘門自動關閉的裝置，作為暑期專題研習的發明品。

幸運地，我的發明品在「第六屆國際學生創新發明大賽」奪得銀獎及國際特別獎（澳門）。這次比賽令我獲益良多，我參閱了很多有趣且能解決日常大大小小問題的發明品。我還有機會與其他參賽者互相交流呢！我很感謝老師們的提點和悉心指導，讓我在比賽中發揮所長，盡顯「思考」、「學習」和「創新」的學生素質。



STAFF DEVELOPMENT

以科為本 提升專業

12月7日，一個特別的教師專業發展日，打破以往全校老師參與同一活動的模式——我們嘗試實踐科本教師專業發展的構想，全校老師按其主要任教科目分組，活動因應每個學科的發展而作安排。

中文科

我們拜訪了天水圍循道衛理小學。友校副校長以「如何設計校本中文圖書課以吸引學生課後閱讀中文書」為主題，分享高小及初小推行圖書教學的心得，包括課程規劃、教學活動、學生產出、課後延伸及評估方法等。之後，我們分為初小及高小兩組，由友校老師帶領，按指定圖書進行討論，並即席設計圖書教學法及活動，亦欣賞了友校學生的作品。下午，大家分年級進行校本圖書教學的規劃和設計。發展日讓我們獲益匪淺，大家領悟到，圖書教學是為了讓學生貫通聽、說、讀、寫四方面的能力，這亦是終極教學目標。我們就要以終極目標作為出發點，貫徹「以終為始」的理念，因應學生的學習特點和需要設計圖書教學法，令學生愉快學習中文。



數學科

13位數學科老師於上午參與教育局科技教育組主辦的「小學計算思維編程教育」工作坊，學習如何操作 SCRATCH 和 M-BOT 軟件，以利日後教授學生數學繪圖和使用 M-BOT 進行速率探究活動，從而增加學生學習興趣，同時訓練其邏輯思維能力。下午到訪聖文德天主教小學，參與 STEM 體驗活動、觀課及交流後，我們對 STEM 探究活動有更大啟發。例如，不少活動操作雖然簡單，但要完成任務，學生必需把所學知識及技巧融會貫通，並懂得應用在日常生活上。學生做實驗未必一次成功，但在失敗經歷裡，他們更能學習如何解決問題，而這正是科學探究的重點所在。最後，幸得多位學校主任及老師的熱情招待！這次發展日讓我們深明在教育路上必須虛心學習，自強不息。



English

Aiming to further improve teaching strategies, especially in writing lessons, so as to enhance students' learning efficacy with e-learning tools, the English Panel invited Dr Paul Sze to share with us his expertise. The workshop was highly interactive and informative. A wide range of online e-learning applications and tools were introduced. We experimented with the tools and explored the many possibilities of employing them all at our school. As users of the e-learning applications, we found the experience truly enjoyable. The power of multimodal texts was also highlighted. The second part of the workshop was one of the most memorable staff development experiences. The English Panel was divided into six level groups, each of which worked on a writing task. We all came up with detailed plans which included the pre-writing, while-writing, and post-writing stages, all utilising the e-learning tools introduced. Dr Sze gave us insightful remarks on our group discussions and the final presentations. We all eagerly look forward to revamping our teaching strategies and putting our plans into action in the second term.



普通話科

學校本年度的主題是「正向思維善溝通 積極學習展才能」。除了學生，老師們也同樣朝着這目標前行，希望通過積極快樂的學習，提升自身素養，優化教學。普通話科組舉辦了「拼音教學及普通話課堂活動設計」的講座。講者孫文冬老師分析了拼音教學難點，並和老師互相切磋，進行朗讀示範，分享如何留意吐字歸音、氣息等語言的美學等。希望在日常教學中，學生能從我們身上體會到普通話的優美，讓他們更有興趣學習這門語言。在課堂教學方面，孫老師給我們很多新建議，提出普通話教學必須生活化，多為孩子創造屬於他們的語言環境，使他們樂於分享。這些寶貴意見令我們獲益良多。我們深信樂於學習的老師，必定有心為孩子創建快樂課堂。



常識科

我們於上午到天水圍天恩邨樂善堂梁銶琚學校（分校）交流。該校為教育局學校支援計劃專業發展學校之一，亦在各項科學與科技比賽獲得傑出表現。交流重點為 STEM 教育課程發展及學生活動、以及其硬件配套及應用。千禧校舍偌大空曠，友校老師盡量利用各種空間進行 STEM 教育及展示交流，讓我們大開眼界。下午我們前往香港中文大學賽馬會氣候變化博物館，在兩位導賞員帶領下進行「生態行」。我們先在中大校園認識一些節省能源和排水的設置；然後到「再生園」參觀各類別的回收設置，了解校園師生如何實踐環保減廢的生活理念。最後回到博物館，導賞員講解氣候變化對地球、兩極物種帶來的影響，並介紹中國破冰船「雪龍號」和實踐綠色減碳生活的守則。豐富的活動深化了我們對生態、氣候、地球暖化、環保的認識。



體育科

我們到香港體育學院參觀各項設備，如武術館及游泳館等，並觀摩運動員練習情況。我們亦與香港武術隊主教練林杭貴先生交流，了解香港精英運動員每天的訓練計劃、全職運動員在學業上的發展、在世界各地參賽的情況等。另一方面，黃嘉儀博士與大家分享她擔任香港特殊奧運會總監的經驗，例如體育行政和管理、如何調適運動員的心理狀態、與家長的協調方式、與各團隊教練的溝通等。發展日的另一部分由李致機先生主持，焦點是學生的體適能訓練。李先生與大家分享有關增強式訓練（速度與爆發力）的實際操作情況及訓練方法。我們希望日後可以在校內發掘更多元化的體適能活動，並在體育課及各團隊訓練中引入，提升整體學生的「健康體適能」及加強培訓各團隊的「運動體適能」。



資訊科技科

科任老師及技術員於上午到訪保良局王賜豪（田心谷）小學，由楊偉賢校長及李安迪署理副校長為我們簡介推展電子學習的近況，亦參觀了他們的網絡基建、影音設備、科技配套等。我們還觀摩了一節資訊科技課，大家互相分享發展校本電子學習的樂與苦。下午我們應教育局邀請，以「在小學運用電子學習管理系統促進各科教學及學校管理工作」為題，到九龍塘教育服務中心主持一場專業分享會。就我們在校內如何以全校模式、全方位推動 Moodle 電子學習平台，和學界同工分享經驗與成效。我們更開放本校的平台，讓同工親自試用，例如進行問卷調查、錄音錄影等，現場反應理想。



音樂科

"The most basic form of human stupidity is forgetting what we are trying to accomplish." Friedrich Nietzsche (1844-1900)

音樂總監李偉安以此引句作為音樂科教師發展日的開始，透過「歸回原點」問題 (Question Ground Zero) 讓整個科組審視我們的音樂使命，並建構 "Theory of Change" 去重新規劃小學的音樂課程。鑽研教師培訓和課程設計的中學音樂科主任 Dr Luiten 於第二部份向我們介紹經重新規劃、內容廣泛、以問題為基礎的跨學科中學音樂課程，並分享他在教學的點子和經驗。小學音樂科主任亦分享小學的音樂課程，並示範如何利用 Moodle 電子學習平台進行創作及聆聽教學。中小學彼此了解課程內容，相信能對將來課程規劃及銜接有很大幫助。李總監最後以小盆栽種植活動作總結，提醒我們作為音樂教育者的每一位都是播種者，並要用這生命力去感染他人！



Looking Ahead

Date	Event	Place
26 Jan – 17 Feb	Exchange to Lycée Saint-Vincent	Senlis, France
3 – 24 Feb	Exchange to Westville Boys' High School	Westville, South Africa
23 Mar – 13 Apr	Visit of students from Lycée Saint-Vincent	SPCC
14 – 18 Apr	Primary 6 Graduation Trip	Beijing, China
18 – 24 Apr*	Exchange to <ul style="list-style-type: none"> High School Affiliated to Fudan University Nankai High School Ningbo Huizhen Academy Shanghai High School 	Shanghai, China Tianjin, China Ningbo, China Shanghai, China
28 Apr – 1 May	International Music Conference	Hong Kong
2 – 8 May*	Visit of students from <ul style="list-style-type: none"> Ningbo Huizhen Academy Shanghai High School 	SPCC
9 May	Lower Primary Games Day	Wan Chai Sports Ground
10 May	Upper Primary Sports Day	Wan Chai Sports Ground
3 Jul	Summer Concert	Hong Kong
11 Jul – 15 Aug	Rites of Passage Programme	Queensland, Australia
13 – 20 Jul	Xinjiang Study Trip	Xinjiang, China
20 Jul – 3 Aug*	Exchange to Convent of the Holy Infant Jesus (Toa Payoh)	Singapore
20 Jul – 17 Aug*	Exchange to <ul style="list-style-type: none"> Presbyterian Ladies' College St Andrew's Cathedral School 	Sydney, Australia
Jul – Aug	Summer Sports and Training Programmes	SPCC & HK Park Squash Centre

* Tentative

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